



TCA PEEL DISCHARGE INSTRUCTIONS

FOLLOW UP CARE

- It is normal to feel sunburned and tight
- After 3-5 days, your face will begin to crack and peel
- Do NOT pick or peel off any skin, this can cause scarring
- Use cold compresses at least 6-10 times daily
- Do NOT use any moisturizers, creams or lotions until your face has fully peeled
- If a follow up appointment was not made the day of surgery, please call the office to make one

ACTIVITY

- Do not drive for 24 hours
- Avoid sun exposure

DIET

- Resume previous diet as tolerated

MEDICATIONS

- Prescription (s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

PROBLEMS TO WATCH FOR

- Fever over 101.4
- Fever blisters
- Cold sores

Call Dr. Harvey with ANY problems that concern you: Phone # (843)722-1985. If you need immediate attention, go to the nearest Emergency Department.

I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.

Patient/Responsible Party

Nurse Signature