FOLLOW UP CARE

- Apply Aquaphor ointment three times a day to affected area after your first shower
- Keep nipple guard on until follow up visit for further instructions
- Do NOT wear a bra for 6 weeks
- If a follow up appointment was not made the day of surgery, please call the office to make one

ACTIVITY

- Do not drive for 24 hours
- No strenuous activities for 6 weeks
- Do NOT shower for 48 hours

DIET

- Resume previous diet as tolerated

MEDICATIONS

- Prescription (s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

PROBLEMS TO WATCH FOR

- Fever over 101.4
- Increased swelling, redness and/or heat at operative site

Call Dr. Harvey with ANY problems that concern you: Phone # (843)722-1985. If you need immediate attention, go to the nearest Emergency Department.

I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.

Patient/Responsible Party

Nurse Signature