



DERMABRASION DISCHARGE INSTRUCTIONS

FOLLOW UP CARE

- It is not uncommon to have facial itching. You may take over the counter Benadryl, but do NOT scratch your face
- Expect a red and swollen face
- Skin may be oozing, with some drainage
- If a follow up appointment was not made the day of surgery, please call the office to make one

OPERATIVE SITE

- Clean dermabraded area 3 times a day by combining the following:
 1. 1 cup cold water
 2. 1 teaspoon white vinegar
- Do NOT scrub, if crusting develops, gently soak the skin with above solution to soften the area, then gently rub away the crust
- Keep the solution in the refrigerator, as the cool solution will be soothing to the skin
- Apply a generous amount of Aquaphor after cleaning, once the area is dry, this will prevent drying and scabbing
- Do NOT pick scabs, this can cause scarring

ACTIVITY

- Do not drive for 24 hours

DIET

- Resume previous diet as tolerated

MEDICATIONS

- Prescription (s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

PROBLEMS TO WATCH FOR

- Fever over 101.4
- Excessive stinging, redness
- Formation of new wounds in previously healed area

- Severe itching

Call Dr. Harvey with ANY problems that concern you: Phone # (843)722-1985 . If you need immediate attention, go to the nearest Emergency Department.

I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.

Patient/Responsible Party

Nurse Signature