



## **OTOPLASTY DISCHARGE INSTRUCTIONS**

### **FOLLOW UP CARE**

- Do NOT remove head dressing until your first follow up appointment
- Use a headband/sweatband for one month after your follow up appointment
- If a follow up appointment was not made the day of surgery, please call the office to make one

### **OPERATIVE SITE**

- If you have an incision behind the ear, clean once a day with baby shampoo and apply Aquaphor ointment

### **ACTIVITY**

- Do not drive for 24 hours
- Do NOT shower for 24 hours
- Use Dove, Ivory, or Baby shampoo for the first week
- If you use a blow dryer, do NOT use heat

### **DIET**

- Resume previous diet as tolerated

### **MEDICATIONS**

- Prescription (s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

### **PROBLEMS TO WATCH FOR**

- Fever over 101.4
- Increased swelling, redness, or drainage at incision site

**Call Dr. Harvey with ANY problems that concern you:** Phone # (843)722-1985. If you need immediate attention, go to the nearest Emergency Department.

**I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.**

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Patient/Responsible Party

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Nurse Signature