



EXCISION OF LESIONS & SCAR REVISION DISCHARGE INSTRUCTIONS

FOLLOW UP CARE

- Scars take approximately 8-12 months for permanent appearance
- If a follow up appointment was not made the day of surgery, please call the office to make one

OPERATIVE SITE

- Keep steri-strips on for 7-10 days
- Once sutures and steri-strips are removed, massage as directed, twice a day for 3 months

ACTIVITY

- Do not drive for 24 hours
- Do NOT shower for 24 hours
- After your shower, blot skin dry, do NOT rub
- No sun exposure to scar for 6 months, to prevent darkening of the skin around your scar
- Apply waterproof sunscreen at least SPF 30 with zinc oxide, along with a band aid and protective clothing for 6 months (we recommend Obagi or Image sunscreen)

DIET

- Resume previous diet as tolerated

MEDICATIONS

- Prescription (s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

PROBLEMS TO WATCH FOR

- Fever over 101.4
- Increased swelling, redness, and/or heat at operative site
- Excessive bleeding

Call Dr. Harvey with ANY problems that concern you: Phone # (843)722-1985 . If you need immediate attention, go to the nearest Emergency Department.

I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.

Patient/Responsible Party

Nurse Signature