



AUTOGENOUS FAT INJECTIONS DISCHARGE INSTRUCTIONS

FOLLOW UP CARE

- It is not uncommon to have swelling and bruising for up to 5 days
- Site may feel small, firm, and knotty for several months, but it will not be visible
- Asymmetry can occur and can be reversed
- If a follow up appointment was not made the day of surgery, please call the office to make one

ACTIVITY

- Do not drive for 24 hours
- Apply ice compresses for 48 hours
- After 48 hours, warm compresses three times a day for 1 week

DIET

- Resume previous diet as tolerated

MEDICATIONS

- Prescription (s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

PROBLEMS TO WATCH FOR

- Fever over 101.4
- Excessive bleeding

Call Dr. Harvey with ANY problems that concern you: Phone # (843)722-1985. If you need immediate attention, go to the nearest Emergency Department.

I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.

Patient/Responsible Party

Nurse Signature